

Pesaro 10 Ottobre 2025

FOLLOW-UP MODELLI ORGANIZZATIVI



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DISCLOSURE INFORMATION

- Nicola Latronico

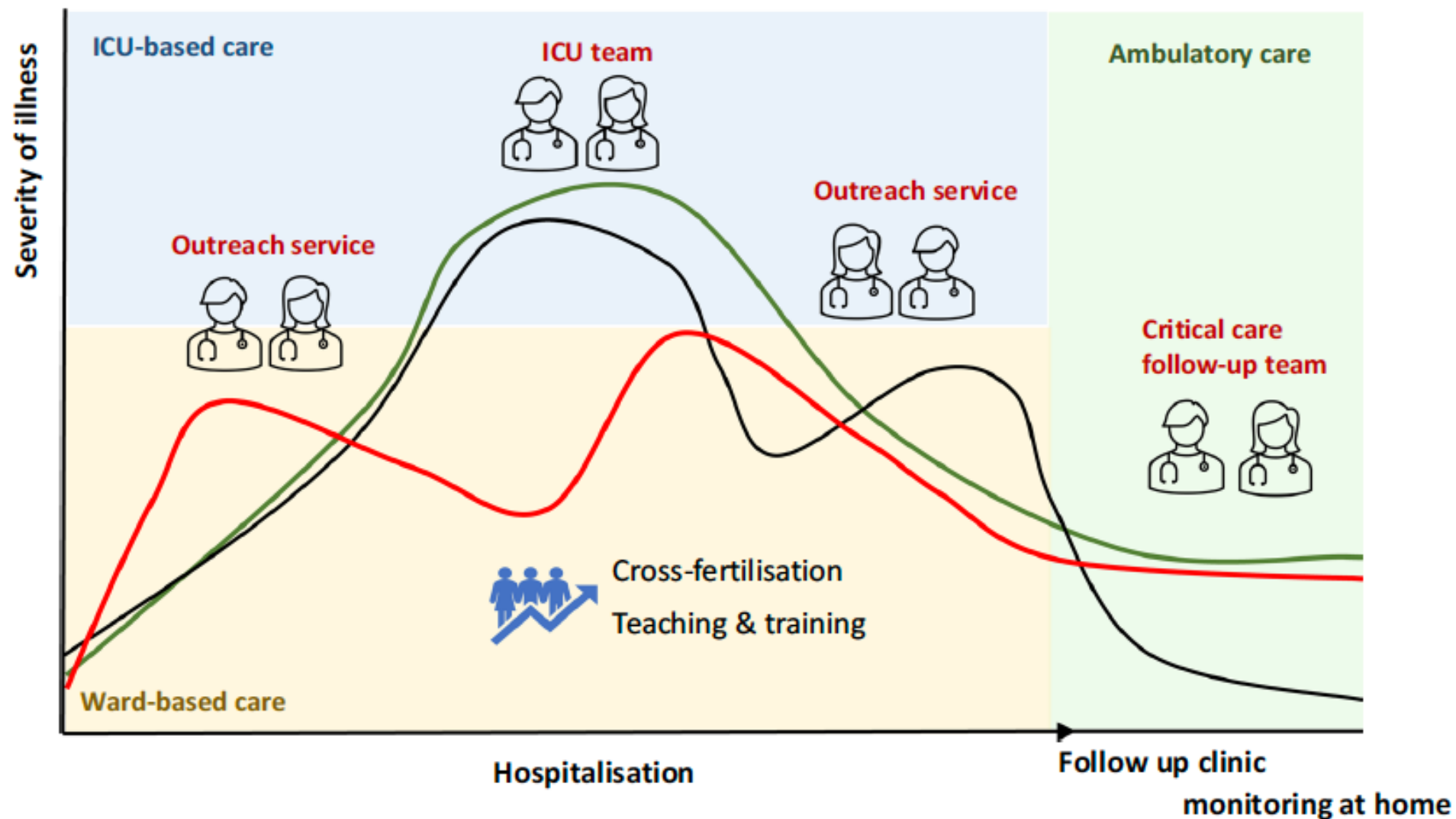
Non ho conflitti d'interesse da dichiarare

ICU without borders

Ostermann M, Vincent JL
Critical Care 2023; 27:186

A concept where members of the critical care team are involved in the management of patients who are critically ill or deteriorating and at risk of becoming critically ill until recovery and even beyond.

ICU WITHOUT BORDERS



Critical illness as a continuum

Outcomes after Critical Illness

Margaret S. Herridge MS, Azoulay E
N Engl J Med 2023;388:913-24

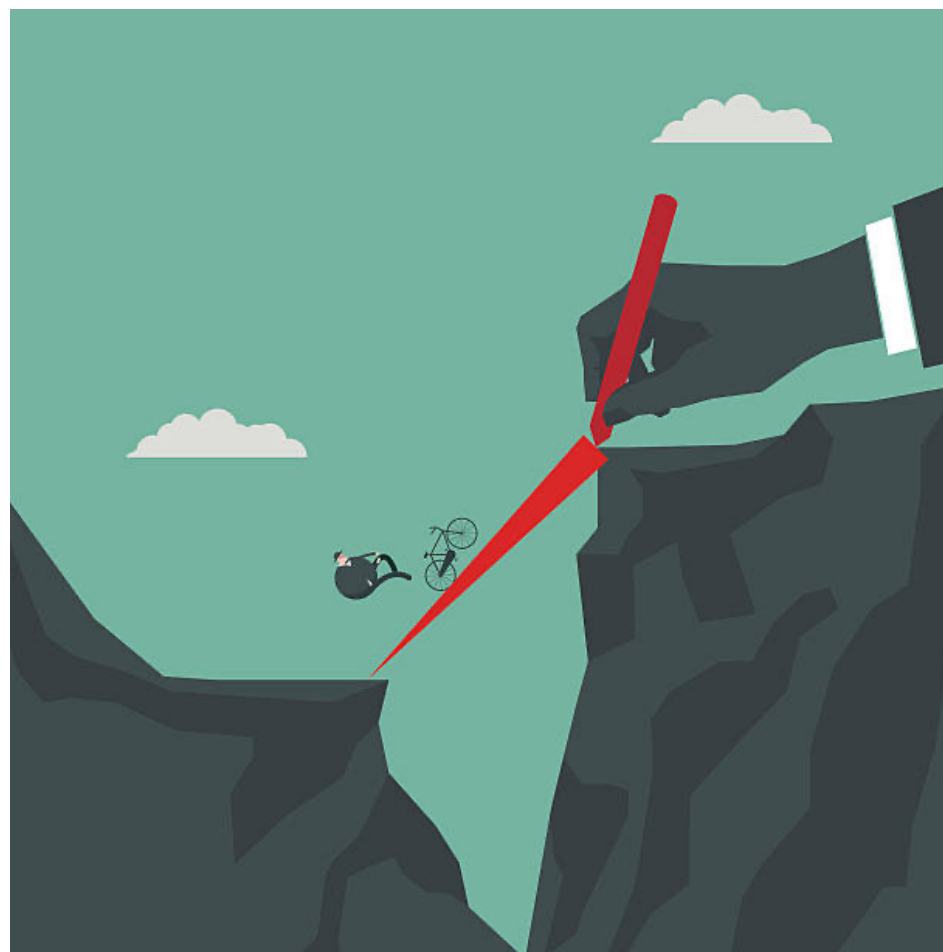
After 3 weeks of mechanical ventilation only 9% of patients at 1 year have a good outcome with functional independence, and 65% have a poor outcome (complete functional dependency or death), with *byzantine post-ICU care transitions*.

I follow-up comincia in Ospedale

I DUE MONDI

ACUTE CONDITION

ACUTE CARE HOSPITAL



CHRONIC CONDITION

COMMUNITY

Post-Intensive Care Syndrome. What clinicians and researchers must know.

Vardon F, et al.

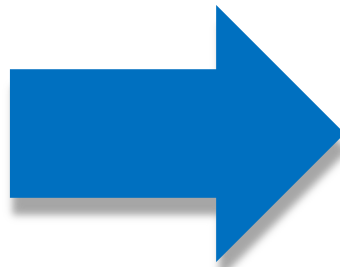
Anaesth Crit Care Pain Med 2025 Sep 27:101620

The recent COVID-19 pandemic has stressed the potential public health concern of **chronic illness** following ICU discharge and made PICS more visible to the public.

One survivor out of 2 will experience PICS in the year following discharge.

A NEW PARADIGM

CRITICAL ILLNESS



**CHRONIC MULTI-SYSTEM
ILLNESSES**

CRITICAL CARE PHYSICIANS

POST-CRITICAL CARE PHYSICIANS ?

Post-intensive care unit clinics: models and implementation. A systematic review.

Chatterjee S, et al. C
Critical Care 2025; 29:421

Establishment of a post-ICU clinic within the context of a publicly funded teaching hospital in an LMIC.

19 studies were included for data synthesis

Three primary models:

- (1) hospital-based physical interviews (51.9%)
- (2) hybrid models incorporating both in-person and telehealth consultations (59%)
- (3) fully remote models using telehealth or home visits (88.7%)

FOLLOW-UP BASE – INTERMEDIO - AVANZATO

Ti>72h	Ingresso TI	TI	Dimissione TI e H	Post-dimissione H	Test fisici	Test cognitivi	Test psichici	QoL	Nutrizione	ADL	Caregive r
Base	Anamnesi	SAPS II	BMI	Telefonata	MRC-DS	MoCA		EQ-5D-5L	MNA-SF	BI, IADL	CBI
	CCI	VM Durata	HGD	6-12	FSS	blind		GOSe			
	BMI	Cortisonico	MRCss								
Intermedio	Frailty scale	Sedazione/Curaro	ENG *	Ambulatorio	MRCss		HADS	EQ-5D-5L	MNA-SF	BI, IADL	CBI
	MNA-SF	Delirium (SI/NO)	<u>Solo pre-dimissione H:</u>	6-12 mesi	MRC-DS	MoCA	ISI	GOSe			
	FSS	Tracheostomia	BI		FSS		PCL-5				
	MRC-DS	CVVH	Frailty Scale								
Avanzato	BI/IADL	MRCss	MRC-DS	Ambulatorio	HGD						
	IQ-CODE	Dinamometria	HADS	3*-6-12-24*	6MWT		HADS	EQ-5D-5L o SF-36	MNA-SF	BI, IADL	CBI
	Situazione Lavorativa e Scolarizzazione	ENG*	MNA-SF		MRCss	MoCA	ISI	GOSe			
			MoCA		MRC-DS		PCL-5				
			HADS		FSS						
					ENG*						

* Se implementato

EFFICACIA

Risultati incerti

Follow-up vs 

LINEE-GUIDA NAZIONALI

Goddard SL, Cuthbertson BH, Stevens RD, Hart N, Herridge MS. Textbook of post-ICU medicine: the legacy of critical care. Oxford: Oxford University Press; 2014. ICU follow-up clinics; pp. 603–612. 2014.

Rehabilitation and aftercare of intensive care patients. Guideline of the Dutch Intensive care Society [Internet]. 2022 [cited 2025 Mar].

https://richtlijndatabase.nl/richtlijn/nazorg_en_revalidatie_van_intensive_care_patienten/startpagina_-_pics.html

Ramakrishnan N. Post.-ICU care: why, what, when and how? ISCCM position statement. Indian J Crit Care Med. 2024;28(Suppl 2):S279–87.

<https://pmc.ncbi.nlm.nih.gov/articles/PMC11369927/pdf/ijccm-28-s279.pdf>

LA VITA DOPO LA TERAPIA INTENSIVA

Università di Brescia
Facoltà di Medicina e Chirurgia

II° CONVEGNO
13 - 14 Novembre 2025

GRAZIE

